

Auditory Numbers and Letters Mixed

Purpose of this Activity: Increases short term memory, attention span, reading comprehension; improves behavior, social skills and the ability to follow directions.

Instructions for this Activity:

1. Decide which level to begin working on for this activity and print the corresponding handout. To determine which level to begin working on, look at the Evaluation Report or Parent Report you received at the client's last Evaluation and find the ADS level under Processing and begin working at this same level. You may need to adjust and go one level below as you begin working this activity since this activity is a little more difficult than the ADS activity. You want this activity to be challenging, but not too frustrating for the client.
2. Call out numbers and letters saying "thousand" silently to yourself in between each number and letter.
3. Use a monotone voice.
4. Client repeats the sequence after you finish calling it out.
5. First goal is to get each sequence correct on the third try; with the client gradually progressing so they are getting each sequence correct on the second try and finally on the first try.
6. When the client is getting each sequence correct on the first try 75% of the time for several weeks, it is time to begin bridging to the next level. Again, you want this activity to be challenging (not so easy that they are getting each sequence right on the first try 100% of the time), but at the same time, not too frustrating for the client. The key is to keep your attitude positive and upbeat and to come up with some sort of incentive or positive reward for this activity.

Note: It is very difficult to move to the next level so encourage client to get it right on the third try. The neurological benefit, according to Linda Kane (Master Level ICAN Certified Neuro-developmental), is in the attempt. If the client gets the sequence wrong, that is okay because we are pushing him to the next level.

Sequences of 5 Numbers and Letters Mixed

1	G06M2	24	091HT	47	DB301
2	1B35W	25	LP851	48	6Y5T9
3	H725J	26	D15H7	49	M2D06
4	09H41	27	C936N	50	G93F5
5	NP301	28	L35R2	51	YR602
6	9Q407	29	HN367	52	H492L
7	P061Y	30	25M8Y	53	KW902
8	BV752	31	58BR9	54	V06J1
9	C36G0	32	0F6N2	55	H2R97
10	MU307	33	N851T	56	XO478
11	2C91H	34	V6N06	57	F6U29
12	D069M	35	2WB30	58	D0J51
13	X91F6	36	N2V96	59	B5W58
14	1E73B	37	KR379	60	L3N42
15	RT046	38	08N3H	61	PQ932
16	V946P	39	Y519J	62	C93H7
17	M8E02	40	XB051	63	P6H90
18	18H0F	41	N610H	64	NB247
19	J130Y	42	1B8S0	65	S057N
20	S94G7	43	P24Q8	66	7CH8J
21	236HT	44	B37H0	67	L31B0
22	M259K	45	TR082	68	BH369

23	JT259	46	2B78L	69	H835M
70	G7T23	94	A84F1	118	1Z83K
71	W9F62	95	B6H80	119	9P53H
72	X2C38	96	3M53T	120	Z5B19
73	EY401	97	F61C2	121	1X72J
74	S592K	98	6NE25	122	Q751E
75	Z9J60	99	PT581	123	H269G
76	KF826	100	832HS	124	DY381
77	S18X2	101	U5F24	125	5A53L
78	5R73V	102	2MJ44	126	M93W1
79	9E81U	103	P75N2	127	D472R
80	Y4S95	104	M924K	128	S6N62
81	46HT9	105	7B29T	129	B38T9
82	6K71N	106	X94H2	130	K51C4
83	L8B21	107	SP528	131	1LA83
84	4B2P3	108	Z97G2	132	2XZ45
85	C921U	109	CR629	133	M5K39
86	3D71Y	110	A3B91	134	PO371
87	W581H	111	D627K	135	U8Y29
88	4V16E	112	82JX6	136	FD60N
89	8J21U	113	3M74B	137	Z43SH
90	H513F	114	Q42B9	138	69HWL
91	8WE6N	115	2V51Z	139	7X30C
92	5G91X	116	H13Y9	140	2KB8Y

93	PV691	117	S93B1	141	S16RU
----	-------	-----	-------	-----	-------